



**NEU IN DER SCHWEIZ
NOUVEAU EN SUISSE
NUOVO IN SVIZZERA
NEW IN SWITZERLAND**

WELCOME!

Here you will find information and recommendations with corresponding links about living in Switzerland, in the canton Solothurn and in your region. The links relating to websites from the federation, the canton or municipalities are reliable. They are identified with **+**

The other websites also contain interesting information, however their accuracy cannot be guaranteed.

[Index - links about informations](#)

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[Information for parents with children aged 0 to 15](#)

If you still have any questions regarding the provided information and links, please contact your municipal administration:

- + [Municipality Balm bei Günsberg](#)**
- + [Municipality Feldbrunnen-St. Niklaus](#)**
- + [Municipality Flumenthal](#)**
- + [Municipality Günsberg](#)**
- + [Municipality Hubersdorf](#)**
- + [Municipality Riedholz](#)**

You can also express your questions or concerns via e-mail to **integration@hubersdorf.ch** or make an appointment. For personal briefings, the municipalities in Unterleberberg provide an integration specialist for residents of the region.

+ LIVING IN SWITZERLAND, **I** IN THE CANTON SOLOTHURN, IN THE MUNICIPALITY OF YOUR NEW RESIDENCE

Acquire knowledge about the municipality of your residence and get in contact with other locals. You will find your way faster and easier if you acquire basic knowledge about healthcare, social insurance and civics. You will find more information about local topics such as sports associations and other clubs, destinations and waste disposal at your municipal administration.

TOPICS	LINKS	DESCRIPTION	LANGUAGES
LIVING IN SWITZERLAND	+ Welcome to Switzerland	Federal government provides information about the state system	DE/FR/IT/EN et al.
	+ ch.ch	Federal government and cantons provide online information about diverse topics	DE/FR/IT/EN et al.
	+ Competence centre Integration canton SO	Information, laws, projects etc. regarding integration in Solothurn	DE
	+ New resident in Solothurn	Solothurn City website	DE
	+ Venues - make new contacts in Solothurn	Offers - community centre Altes Spital Solothurn	DE
	+ Living in Switzerland	Federal government provides information regarding habitation and rent	DE/FR/IT/EN et al.
	migraweb.ch	Information from migrants for migrants	DE/FR/IT/EN et al.
	+ kantonsolothurntourismus.ch	Get to know your region!	DE
HEALTH OLD AGE	+ Health guide	Health guide Switzerland	DE/FR/IT/EN et al.
	+ migesplus.ch	Health related information and publications	DE/FR/IT/EN et al.
	Advice for life in old age pro senectute canton Solothurn	Information/tips pro senectute Switzerland Contact info for pro senectute in your region	DE/FR/IT DE
SOCIAL INSURANCE	+ Social insurance in Switzerland	Brochure regarding pension provision and possible return to home country	DE/FR/IT/EN et al.
	+ Premium reduction health insurance	Information canton SO regarding claim and procedure for a potential premium reduction	DE
	+ Supplementary benefits for low-income households	Information canton SO regarding claims and procedures for low-income families	DE
	+ Child and family allowance	Allowances for children/adolescents in education in the canton SO	DE
CONSULTATION	+ Advice centre Frabina - canton SO	Advice for foreigners and in case of racism and discrimination	DE/FR/EN/SP
	+ Contact points canton Solothurn	Flyer by the competence centre Integration canton Solothurn - points of contact and consultation	DE

LANGUAGE SKILLS – **I** LEARNING GERMAN

To be able to participate in economic and social life with equal opportunities, you should ideally have very good oral and written German skills (GER C1-C2). It is expected that you are at least able to communicate in routine conversations with familiar and simple contents (GER A2). As of the implementation of the new foreigner and integration law AIG in April 2020, the residence permit is linked to a language skill certificate.

The canton Solothurn offers a wide range of subsidised German integration courses. There exists the possibility for exemption of costs for people with very low income.

Topics and links	Description	Languages
+ Learning German in the canton SO	Information for learning German in the canton SO	DE
+ German integration courses canton SO	actual Offers for subsidised German integration courses	DE
+ Exemption from costs for German integration courses	Information regarding claims and procedures	DE
+ Information sheet language skill certificate	Information regarding language skill certificates	DE
+ Classification of language levels	Information from fide-info.ch regarding the European reference framework for languages	DE/FR/IT/EN

WORK – FINANCIAL INDEPENDENCE

A proper income and fortune to account for yourself and your family are expected. If you are receiving social assistance, you are not taking an active part in economic life. As of the implementation of the foreigner and integration law AIG in April 2020, participation in economic life is a factor taken into account for extending residence permits.

In case of unemployment, get in touch with your municipal administration, who then will proceed to preregister you at the regional employment placement office RAV.

Should you fall into financial hardship, get in touch with budget and debt counselling.

Topics and links	Description	Languages
+ ravso.ch	Information tool from RAV Solothurn for jobseekers	DE
+ arbeit.swiss	Swiss portal for employment and unemployment questions	DE/FR/IT/EN
+ Brochure RAV for jobseekers	Information RAV: claim, procedure, application tips	DE
+ schulden-ag-so.ch	Budget and debt counselling canton SO	DE

EDUCATION AND PROFESSIONAL DEVELOPMENT

Professional education is of great importance in Switzerland. Invest in your personal education and professional development! Do you have adolescent children aged 14 and 25? About 75 percent of all youth in Switzerland complete professional training after 11 years of compulsory education. It is very important to prioritize the topic of professional education, and that parents support the juveniles in matters of career choices and job search. The counselling and information centre for career choices, studies and career path in Solothurn is at your entire disposal and provides you with advice in a personal meeting.

Topics and links	Description	Languages
+ berufsberatung.ch	Information portal for career advice	DE/FR/IT
+ Swiss education system	Overview education system	DE/FR/IT
+ Recognition of Foreign Qualifications	Informations from the Secretary for Education, Research and Innovation SERI	DE/FR/IT/EN
+ Website BIZ Solothurn	Counselling and information centre for career choices, studies and career path BIZ	DE
+ Scholarships and training loans	Information regarding scholarships and training loans in canton SO	DE
+ Case management professional education canton SO	Advice/support for adolescents/young adults with difficulties in basic professional training	DE
+ Integration year - preparatory year professional education	Preparatory year for foreign-language adolescents/young adults who strive for professional education	DE

INFORMATION FOR **I** PARENTS WITH CHILDREN AGED 0 TO 15

Toddlers (0-4 years)

Enable your toddlers to make contact with German-speaking children. Nurseries and playgroups are particularly suitable for this purpose. Helpful contact details can be found at the municipal administration of your municipality of residence.

Good to know: For your child's language development, it is of advantage to converse in your native tongue at home. The native tongue plays an important role in learning foreign languages.

Children of school age (4-15 years)

At the completed fourth year of life (effective date July 31) children are sent to school. Every child has the right and obligation to attend primary school. Maintain close contact with your children's teachers, and participate in parent's evenings.

Topics and links	Description	Languages
+ Primary school at a glance	Flyer elementary education authority canton SO	DE/FR/IT/EN and others
+ common school Unterer Leberberg	Information/contact information regarding compulsory education in your region	DE